

PENHOLD AIR CADET SUMMER TRAINING CENTRE

<u>COURSE</u>	<u>AIM</u>	<u>LENGTH</u>	<u>MEDICAL CONSIDERATIONS</u>	<u>PREREQUISITES</u>	<u>SELECTION PROCEDURES</u>	<u>QUALS RECEIVED</u>
BASIC	To familiarize Level 1 Cadets with life at a CSTC and further develop the fundamentals of Air Cadet Training.	2 WEEKS	Penhold CSTC is 20 min from Red Deer Hospital. Meet standards as per CATO 16-02	Level I Cadet	Cadets must be recommended by their Commanding Officer and approved by the Detachment.	Preparation for application to an advanced course.
BASIC MUSIC	The Air Cadet Basic Music course is designed to introduce the study of music to non-musicians. To enhance the cadet's playing ability through a focussed, intensive environment	3 WEEKS	Penhold CSTC is 20 min from Red Deer Hospital. Meet standards as per CATO 16-02	Level I cadet by 30 Jun of participation year. Be a member of the Squadron Band.	DND 757, recommended by Sqn Commanding Officer and ACO. Selections are made by RCMA	Cadets will receive as a minimum qualification, the Cadet Music Level Basic.
INTRODUCTION TO LEADERSHIP	To train qualified level two Cadets to apply Basic Leadership skills at the LHQ.	3 WEEKS	Penhold CSTC is 20 min from Red Deer Hospital. Meet standards as per CATO 16-02	Minimum Level II cadet by 30 Jun of participation year.	Cadets must be recommended by their Commanding Officer and approved by the Detachment.	Advanced training in leadership skills and preparation for attendance at the SLC.
INTRODUCTION TO INSTRUCTION	Train qualified level three Cadets to assume minor instrumental duties at LHQ.	3 WEEKS	Penhold CSTC is 20 min from Red Deer Hospital. Meet standards as per CATO 16-02	Minimum Level III cadet by 30 Jun of participation year.	Cadets must be recommended by their Commanding Officer and approved by the Detachment.	Advanced training in instrumental skills and preparation for attending at a Senior course.
PHYS ED AND REC TRAINING	Train qualified level two Cadets to assist in the delivery of PE & RT at the LHQ.	3 WEEKS	Penhold CSTC is 20 min from Red Deer Hospital. Meet standards as per CATO 16-02	Minimum Level II cadet by 30 Jun of participation year & Not have reached Level V	Cadets must have interest in PE & RT and be recommended by the Commanding Officer and approved by the Detachment.	Advance training in PE & RT skills and ability in conduct of sports program at LHQ.

PENHOLD AIR CADET SUMMER TRAINING CENTRE

<u>COURSE</u>	<u>AIM</u>	<u>LENGTH</u>	<u>MEDICAL CONSIDERATIONS</u>	<u>PREREQUISITES</u>	<u>SELECTION PROCEDURES</u>	<u>QUALS RECEIVED</u>
INTRODUCTION TO RIFLE COACH	To train qualified level two cadets to assume range assistant and basic coaching duties at the LHQ.	3 WEEKS	Penhold CSTC is 20 min from Red Deer Hospital. Meet standards as per CATO 16-02	Minimum Level II	Cadets must be recommended by their Commanding Officer and approved by the Detachment.	Advance training as a Range Asst. and Basic coaching skills.
MUSIC LEVELS 1-5	The Air Cadet Music Level I-V course is designed to improve the musical instrument proficiency and to enhance theoretical knowledge and playing abilities	6 WEEKS	Penhold CSTC is 20 min from Red Deer Hospital. Meet standards as per CATO 16-02	Minimum Level I cadet as of 30 Jun of participating year. Certified Cadet Musician Level Basic	DND 757, recommended by Sqn Commanding Officer and ACO. Selections are made by RCMA	Cadets will receive, as a minimum qualification, the next higher music level on their primary instrument.

Revised 6 December 2007